

#### DIVA WOVEN WRAPAROUND SLING

The Diva Woven Wraparound Sling is the simplest, most versatile, stylish, convenient and comfortable baby carrier, allowing a range of carrying positions and distributing weight across one or both of the wearer's shoulders.

# Its advantages are:

- provides genuine ergonomic comfort for your baby without undue stress on your spine and hips. It is suitable even for newborns (but please follow instructions carefully);
- particularly good for carrying long distances, even with heavy toddlers. No other baby sling delivers the same level of comfort and closeness while ensuring fully balanced weight distribution across the carrier's body;
- easy to use: you won't need any help in using your sling, all wrapping techniques are very easy to learn;
- **possible carrying positions**: cradled and upright (from birth), on the hip and on the back (from 3-4 months).

# What are the advantages of the Diva Woven Wraparound Sling?

- a unique, diagonal-weave fabric of optimum thickness and thread count, specially designed for carrying children. In contrast to other, knitted wraps (which stretch in all directions), the Diva Sling is woven and stretches only on the bias, ensuring full support even for babies weighing more than 10 kilos. Homemade wraps and cheap imitations cannot provide this degree of security and comfort;
- the fabric is soft new and is manufactured at the ISO-certified factory, with AZO-free dyes;
- compliance: meets ASTM International Standard F2907-15, approved Oct 2015. Meets European Standard EN 13209-2, approved Aug 2005

**The Diva Woven Wraparound Sling** is available in sizes XS (3.7 m), S (4.2 m), M (4.6 m), L (5.2 m) and XL (5.6 m). The right size will depend on your own measurements and how you prefer to carry your baby. The medium-sized sling (4.6 m) is generally suitable for most adults and carrying styles, but the 5.2 m sling might be better for larger adults and/or babies.

The Diva Wrapround Sling is designed for children from birth to 3 years.



### **CORRECT BABY POSITION IN A SLING**





In the upright ('tummy-to-tummy') position baby's legs should be spread in the M'-shape, with baby's knees above his bottom.

Most recommended position for all ages.





In a 'cradle' position sling fabric should support baby's back, neck and head. Baby's body should lie gently on its side, in more of a tummy-to-tummy position. Please ensure your baby's face is not covered by fabric and his airway is clear.





On the hip position baby's legs should tightly embrace your hip, with his knees above his bottom. This position is possible from 3 months.

#### RULES FOR SAFE BABYWEARING

When using a sling properly, carrying a baby is safer than carrying a baby in your arms. But good safety practices are highly important. You are responsible for your child's safety when using a sling, so you should always keep these simple safety rules in mind.

# **Correct Positioning**

- In a 'cradle' position baby should not be curled tight chin to chest because this position partially closes baby's airway.
- Sling fabric should not be draped across baby's face. Ensure that baby's nose
  is not blocked, either by fabric or parent's body, and your baby has a good air
  supply. Check if your baby has plenty of airflow frequently.
- Wrap a sling tightly enough to hug your baby close to you as this will be most comfortable for you both.
- In a 'tummy-to-tummy' position your baby should be in a 'froggy' or 'M'-shape, with his knees higher than his bottom.
- Your baby's head should be as close to your chin as is comfortable. By tipping your head forward you should be able to kiss your baby's head.

# **Correct Usage**

- Avoid sharp movements and intensive activities when babywearing: never jog, run, jump, or do any other activity that subjects your baby to similar shaking or bouncing motion.
- Do not use a baby carrier when riding in a car, it is not a replacement for a car seat!
- Ensure your baby's head is well supported in a sling. If your baby does not support his head himself or falls asleep, use the sling fabric to add support, or use your hands.
- Inspect your sling regularly to ensure it is sound. Do not use it if there are any signs of tearing or damage.
- Try to avoid walking on slippery surfaces while babywearing. In icy or wet conditions use non-slip boots.
- Hold a baby with one hand while wrapping until he is securely tied, and always tie a wrap securely with a double knot.
- In summer protect your baby from sun and do not dress him too warmly.
   Protect your child from cold in winter, use special babywearing clothes and accessories.

#### **WRAP INSTRUCTIONS:** FRONT WRAP CROSS CARRY

**Age:** from birth **Sling size:** from 4,2 m

This is the most popular and universal carry, most comfortable for long walks.

Find the middle of your wrap, place it over your chest. Take one of the top rails, pass it under your arm, across your back and over the opposite shoulder. Gather the fabric together with the opposite hand.







Do the same thing on the other side. Now the wrap is crossed in the back, and you have both ends hanging in front. Make sure the fabric is not twisted but nicely spread out on your back. Tighten the fabric as shown below.







Gather the first horizontal pass of fabric together and pull it outwards slightly. This way there will be enough room to pass your baby into this pouch. Bring your baby over your shoulder, put one of your arms under the pouch, take baby's legs and pass them through the wrap. Spread the fabric up the baby's back and lower him into the pouch you've created.







Set his legs to the comfortable width. Tuck the fabric under the baby's bum, ensure the baby's knees are above his bottom.





Tighten the long tails of fabric, one after the other. Start pulling out the fabric from the side nearest to your neck, tightening each section of the wrap, working out towards your shoulder. Pay special attention to tightening the rails of the wrap.







Put this end of the wrap between your knees and hold it tightly. Repeat with the other side.







Finally you can take both ends of the wrap and pull them up to ensure the baby is properly fixed in the front pouch. Be careful doing this! You can lean back while doing this check.





Bring each end of the wrap under your baby's bum and cross them over. Bring the wrap ends under baby's knees.





Make a double knot behind you or bring the tails round again under your baby's legs and make a double knot under baby's bum. A front knot is recommended as it provides better support and baby weight distribution across your body. Now take the baby's legs and gently push the feet and knees up slightly to check if the baby's bum is deep enough in the front pouch and your baby is sitting in a M-shape position with his knees up and legs flexed and pelvis tilted.







Now you are finished. You can also spread both wrap straps over the baby's back, starting from the inner layer, or spread only one over his head to provide extra head support.







#### CHECK IF THE BABY'S POSITION IS CORRECT:

- The baby is NOT curled so his chin is forced onto his chest as this can restrict his breathing. Ensure here is always some space under your baby's chin.
- The fabric is spread from his thighs to her neck.
- The baby's back is slightly rounded.
- The baby's legs are wide apart at his comfort angle (60 to 110 degrees), with knees above his bum, symmetrical on both sides.







The fabric should be tight enough to support the baby's back. You can test this by placing a hand on your baby's back and pressing gently – he should not uncurl or move closer to you by more than by 3 cm.

More wrap instructions can be found on our web site: www.Diva-Milano.com

#### OTHER TYPES OF DIVA SLINGS



A Ring Sling is a baby carrier that can be very well adjusted across its width, easily and quickly put on and taken off.

The Diva Ring Sling is very comfortable for newborns. It is also very convenient with toddlers especially when they start walking and want to be able to get down from the sling quickly and then go back in again a few moments later!



**A Mei-Tai** is an adapted wraparound sling with a simplified method of tying.

A mei-tai provides excellent baby spine support and correct spread-squat leg position due to the full adjustability of the mei-tai back panel and straps.

#### TIPS FOR THE DIVA WRAPAROUND SLING:

- we recommend washing the sling before the first use;
- use gentle cycles and cool water (max. 40 degrees) for all types of sling fabric;
- use only liquid detergents for fabrics containing linen, bamboo and silk;
- do not use bleaches and do not tumble dry;
- do not spin with more than 800 revs;
- use only detergents intended for colored fabrics to keep the colors bright;
- cool iron after wash.

With proper care your sling will look like new for a long time.

# IMPORTANT! KEEP FOR FUTURE REFERENCE

Read and follow all printed instructions before use. The carer should read all the instructions before using the sling. Keep instructions for future use.

#### WARNING!

- Constantly monitor your child and ensure the mouth and nose are unobstructed.
   Check on the baby often. Ensure that the baby is periodically repositioned.
- For pre-term, low birthweight babies and children with medical conditions, seek advice from a health professional before using this product.
- Ensure that the baby is safely positioned in the sling carrier according to the instructions for use. Ensure your child's chin is not resting on its chest as its breathing may be restricted which could lead to suffocation.
- To prevent hazards from falling ensure that your child is securely positioned in the sling. The carer should be aware of the increased risk of your child falling out of the sling as it becomes more active.
- Check for ripped seams or torn fabric before each use.
- Never leave a baby in a sling carrier that is not being worn.
- If using the sling while breastfeeding, always move the baby's face away from the breast after the baby is done feeding.
- Never use a soft carrier when balance or mobility is impaired because of exercise, drowsiness, or medical conditions. Your movement and the child's movement may affect your balance. Take care when bending and leaning forwards or sideways.
- Never use a soft carrier while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals.
- The sling is not suitable for use during sporting activities e.g. running, cycling, swimming and skiing.
- Never wear a sling carrier while driving or being a passenger in a motor vehicle.
- Never place more than one baby in the sling carrier. Never use/wear more than
  one carrier at a time.
- Keep the sling away from children when it is not in use.

# WARNING

Failure to follow the manufacturer's instructions can result in death or serious injury.

#### SUFFOCATION HAZARD

- · Ensure the infant's face is above the fabric, visible, and free from obstructions at all times.
- Babies at greatest risk of suffocation include those born prematurely, those with respiratory problems and those under four months of age.
- Ensure the baby does not curl into a "C" position with the chin resting on or near the chest. This position can interfere with breathing, even if nothing is covering the nose or mouth.

#### **FALL HAZARD**

- Leaning, bending over, or tripping can cause baby to fall. Keep one hand on baby while moving.
- Follow the manufacturer's recommended weight range when using this carrier.
- Never use this carrier for a preterm infant without seeking the advice of a healthcare professional.

WARNING: When using the sling, constantly monitor your child.

